



Menu Name : K-12 A Bagged Breakfast w Cereal Menu		Meal Pattern : NSLP	Meal : Breakfast
Grade Level / Age Group : K-12 Grades		<b>NOVEMBER - 2024</b>	

<b>Breakfast</b>	<b>Building Lunch Menus Students Love</b>				Friday, November 1, 2024	<b>Week IV</b>
	According to the USDA, schools are responsible for about 530,000 tons of discarded food (excluding milk) annually. We can only nourish students if they eat the meals we provide.					
	We create menus to hold students' interest throughout the year. We include a mix of long-time favorite meals as well as trendier foods that expose students to new flavors and cultures. Each week, we offer healthy whole grains, different proteins and a variety of fruits and vegetables to prevent boredom. We continually monitor the popularity of meals and replace those that are less popular with new ones to inspire joyful eaters. We also let students choose from multiple daily options rather than forcing everyone to take something they may not like.					
	These measures help ensure our meals feed more students and fewer trash cans.					
					<b>Cinnamon Toast Crunch Muffin</b>	
					100% 4.23 oz Fruit Juice (1 item)	
					Choice Milk & Second Fruit (1 item each)	
					<b>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in</b>	

<b>Breakfast</b>	Monday, November 4, 2024	Tuesday, November 5, 2024	Wednesday, November 6, 2024	Thursday, November 7, 2024	Friday, November 8, 2024	<b>Week V</b>
	<b>Assorted Big Cereal Bowl</b>	<b>"New" Pumpkin Muffin</b>	<b>Chocolate Cake Donut</b>	<b>Caramel Mini Cinnis</b>	<b>Pancake Puffs Pack</b>	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
	<b>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</b>					

<b>Breakfast</b>	Monday, November 11, 2024	Tuesday, November 12, 2024	Wednesday, November 13, 2024	Thursday, November 14, 2024	Friday, November 15, 2024	<b>Week VI</b>
	<b>Assorted Big Cereal Bowl</b>	<b>Choco-Crisp Belgian Waffle</b>	<b>WG Muffin</b>	<b>Glazed Honey Breakfast Bun</b>	<b>Banana Chocolate Chip Oatmeal Round</b>	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
	<b>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</b>					

<b>Breakfast</b>	Monday, November 18, 2024	Tuesday, November 19, 2024	Wednesday, November 20, 2024	Thursday, November 21, 2024	Friday, November 22, 2024	<b>Week I</b>
	<b>Assorted Big Cereal Bowl</b>	<b>Lemon Poppyseed Breakfast Bread</b>	<b>Orange Dream Muffin</b>	<b>Vanilla Boli</b>	<b>Blueberry Snack'n Waffle</b>	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
	<b>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</b>					

<b>Breakfast</b>	Monday, November 25, 2024	Tuesday, November 26, 2024	Wednesday, November 27, 2024	Thursday, November 28, 2024	Friday, November 29, 2024	<b>Week II</b>
	<b>French Toast Breakfast Bread</b>	<b>Assorted Big Cereal Bowl</b>	<b>Trix Big Muffin</b>	<b>Mini Cinnis</b>	<b>Pancake Puffs Pack</b>	
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
	<b>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</b>					

\*\*\* Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



DECEMBER 2024 Menu (Subject to Change)						
	Monday, December 2, 2024	Tuesday, December 3, 2024	Wednesday, December 4, 2024	Thursday, December 5, 2024	Friday, December 6, 2024	
<b>Breakfast</b>	<b>Assorted Big Cereal Bowl</b>	<b>"New" Fun &amp; Fruity Belgian Waffle</b>	<b>Chocolate Swirl</b>	<b>Stuffed Cream Cheese Bagels</b>	<b>Cake Glazed Donut</b>	<b>Week III</b>
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>						
	Monday, December 9, 2024	Tuesday, December 10, 2024	Wednesday, December 11, 2024	Thursday, December 12, 2024		
<b>Breakfast</b>	<b>WG Brekkie</b>	<b>Assorted Big Cereal Bowl</b>	<b>Banana Loaf</b>	<b>Maple Snack'n Waffle</b>		<b>Week IV</b>
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)		
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
<i>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.</i>						